

FOUND

Has anyone lost a completely black cat.
One has 'adopted' us recently and as it looks well cared for,
I'm sure it has a home somewhere.

Contact Carol Carter at Turnpike Farm, Hepworth on 01359 250535

And Finally SPELL CHECKER

A young monk arrives at the monastery. He is assigned to helping the other monks in copying the old canons and laws of the church by hand.

He notices, however, that all of the monks are copying from copies, not from the original manuscript. So, the new monk goes to the head abbot to question this, pointing out that if someone made even a small error in the first copy, it would never be picked up. In fact, that error would be continued in all of the subsequent copies.

The head monk, says, "We have been copying from the copies for centuries, but you make a good point, my son." So, he goes down into the dark caves underneath the monastery where the original manuscripts are held as archives in a locked vault that hasn't been opened for hundreds of years.

Hours go by and nobody sees the old abbot. So, the young monk gets worried and goes down to look for him. He sees him banging his head against the wall and wailing, "We missed the "R", we missed the "R". His forehead is all bloody and bruised and he is crying uncontrollably.

The young monk asks the old abbot, "What's wrong, father?"

With a choking voice, the old abbot replies, "The word was celebrate."



Please could you let me have letters or articles for the June edition of
The Newsletter by the 20th of May - Many thanks

Editor – John Beales, 20 Church Close, Hepworth. 01359 250048
e-mail newsletter@johnbeales.co.uk

HEPWORTH SOCIAL CLUB

NEWSLETTER



Don't Forget Car Boot Sale

Issue
No 106

Sat 13th May - 10.00

May
2006

This Newsletter is available on the Internet at
<http://www.johnbeales.co.uk/news.htm>



Dear Friends,

The Friends of Bardwell Windmill are holding three main fund-raising attractions in 2006. We look forward to seeing you at the forthcoming events, and this year there will be the opportunity for you to demonstrate your support by sponsoring individual shutters on the new sails!

Sunday 14th May NATIONAL MILLS OPEN DAY
10.30 - 5.30p.m. BARDWELL WINDMILL

As well as the usual attractions:- The Windmill, Oliver the steam engine, plants, cakes, craft stalls and some tasty home baking. We have The Long Sutton and District Vintage Cycle Club and The Little Egypt Morris Men. Come along and enjoy the fun, refreshments will be available.

Saturday/Sunday HERITAGE WEEKEND
9/10th September BARDWELL ART EXHIBITION
10.30 - 5.30 DAILY at THE TITHE BARN
BARDWELL

This popular event promises to be as varied and interesting as ever, pictures and crafts by local artists and craft people. Painting and craft demonstrations and refreshments.

Saturday ROCK AND ROLL PICNIC
28th October (HALLOWEEN NIGHT)
7.30 p.m. 'til late at THE TITHE BARN
BARDWELL

Once again, The Blue Suede Shoes Band will be rocking their way through the evening with some memorable numbers. Come along and join in the fun! Licensed bar, bring your own food! Tickets £6.50. Book early.

BARDWELL WINDMILL is 8 miles from Bury St Edmunds off the A143. Turn off at Ixworth and Stanton and follow the brown BARDWELL WINDMILL signs. The Tithe Barn is close by, in the village.

All enquiries for information about the above events ring 01359 251 331.

The Nightingale.

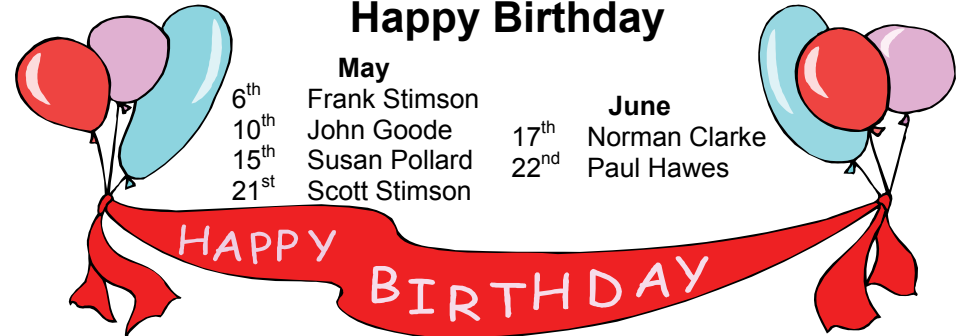
Suddenly he was there.
Dropped in from the stars:
Just a croak at first
To cloak what he is really about.
A croak to let us know of his
Annoyance at our audacity
To enter his domain.
The domain of the gods.

We strain our eyes,
He can see us.
We know of each other's presence,
But we can't see him. Not yet.
When he decides he will show
Himself, but for now
He lets his song work
The magic for us.

Just a chance would do!
Now he's further along the track,
Amid the wild roses
And cob-webbed nettles.
Amid the misty evening.
He is singing again.
Now's our chance.

Bernard Arthur Howlett.©

Happy Birthday



May

6th Frank Stimson
10th John Goode
15th Susan Pollard
21st Scott Stimson

June

17th Norman Clarke
22nd Paul Hawes

Do you know someone you would like to add to the list?
Contact Margaret on 250048

Easy Exercise.

Come on girls, let's give it some wellie,
This is much better than watching the tele.

One, two, three, four, five, six, seven, eight,
Now then girls, don't hesitate.

You know, you can do it, and have some fun,
Next we will exercise the tum.

Now then girls, just do your best,
In a while, we will have a rest.

Peggy Lee ©

The Exercise Club has been going since 1996. Doris and Jean have been coming since we started. Eileen joined us, when she moved to Hepworth.

We only have three ladies from Hepworth in our class; it would be lovely to have some more.

We do have members from Barningham, Bardwell, Stanton and Hopton.

After a warm up, we have a sit down and exercise on our comfortable (soft) chairs, then we are ready for some easy routines to music, onto more easy exercise, holding onto the backs of our chairs. We are now ready for a slow down and to finish a complete relax, right from the top of our heads, to the tips of our toes.

Everyone is welcome – no age limit, and you don't have to come every week, it's up to you. If you would like to come and see what we get up to, please join us, we have lots of fun.

Hoping to see you, Tuesday mornings 10ish – 11ish am. Cost £1.00

Peggy Lee.

Proposed Animal Incinerator at Shepherds Grove

Planning Application Number SE/06/1377
Unit M1, Shepherds Grove Industrial Estate, Hepworth

A meeting will be held at Stanton Community Centre on
Wednesday 17th May at 7.30pm to discuss the proposals.
All are welcome to attend.

Hepworth Social Club in conjunction with the
Recreation Ground Committee will be holding a

Car Boot Sale

on Saturday May 13th at Hepworth Recreation Ground
from 10.00am to raise funds.

If you would like to book a pitch for the sale, the cost will be £3.00
pre-booked (before Thursday 11th) or £6.00 on the day.
Phone for any further details

Refreshments will be available.

We need a few volunteers to help out for a couple of hours
or so on the day.

We would also like to appeal to for small prizes for our Tombola.
Any items would be appreciated.

Can you help? Give us a call if you can.
Telephone John or Margaret on 01359 250048

DID YOU KNOW?

Apparently, 1 in 5 people in the world are Chinese. There are 5 people in my family, so it must be one of them. It's either my mum or my Dad, or my older Brother Colin, or my younger Brother Ho-Cha-Chu? I think its Colin.



NEIGHBOURHOOD WATCH

Ixworth Police Station - 01284 774235
Community Police Officer - Sheena Tate
e-mail sheena.tate@suffolk.pnn.police.uk



If you have something to report to me, and you have e-mail, please use e-mail, unless it is urgent, as it is easier, quicker and more accurate to turn into a formal report. Sheena.

Local crimes recently reported

Hepworth. Known offender arrested for cannabis use.

Hopton. Thelnetham Road, between 12 noon and midnight on 13th April, 3 wooden fence panels surrounding open air pool were broken. Several public order offences occurred in Hopton during April.

Stanton. Criminal damage to vehicle left secure and unattended in driveway in Honeymeade Close between 31 Mar and 1 Apr.

Fordhams Close overnight on 11th April, secure vehicle parked on driveway had window smashed

Barningham. Known offender stole items from shop.

Thelnetham. Man arrested for possession of cannabis.

Knettishall. During daylight hours a vehicle parked secure and unattended had damage caused to the drivers and rear passenger doors.

Coney Weston. Between 10-11 Apr an off road motorcycle and electrical cabling was stolen from a detached house.

Insecure garage entered 10-11 Apr, knives and catering equipment stolen but recovered from neighbours hedge the following day.

Criminal damage caused to a motor vehicle in Rushford Rd on 14th Apr.

Also a man arrested for possession of an offensive weapon, Rushford Rd.

Ixworth. Two drivers arrested after providing positive breath tests. Between 3 Apr and 7 Apr burglary occurred in Thetford Rd cash stolen.

wheezing and gasping, and could feel him struggling. It must be hurting him terribly, I thought.

Then I felt a familiar tugging, sucking sensation on my ear. Ugly, in so much pain, suffering and obviously dying, was trying to suckle my ear. I pulled him closer to me, and he bumped the palm of my hand with his head, then he turned his one golden eye towards me, and I could hear the distinct sound of purring.

Even in the greatest pain, that ugly battled scarred cat was asking only for a little affection, perhaps some compassion.

At that moment I thought Ugly was the most beautiful, loving creature I had ever seen. Never once did he try to bite or scratch me, try to get away from me, or struggle in any way. Ugly just looked up at me completely trusting in me to relieve his pain.

Ugly died in my arms before I could get inside, but I sat and held him for a long time afterwards, thinking about how one scarred, deformed little stray could so alter my opinion about what it means to have true pureness of spirit, to love so totally and truly.

Ugly taught me more about giving and compassion than a thousand books, lectures, or talk show specials ever could, and for that I will always be thankful.

He had been scarred on the outside, but I was scarred on the inside, and it was time for me to move on and learn to love truly and deeply. To give my total to those I cared for.

Many people want to be richer, more successful, well liked, beautiful, but for me...

I will always try to be Ugly.

"Ugly The Tomcat"

Everyone in the apartment complex I lived in knew who Ugly was. Ugly was the resident tomcat. Ugly loved three things in this world: fighting, eating garbage, and, shall we say, love.

The combination of these things combined with a life spent outside had their effect on Ugly. To start with, he had only one eye and where the other should have been was a hole. He was also missing his ear on the same side, his left foot appeared to have been badly broken at one time, and had healed at an unnatural angle, making him look like he was always turning the corner.

Ugly would have been a dark gray tabby, striped type, except for the sores covering his head, neck, and even his shoulders.

Every time someone saw Ugly there was the same reaction. "That's one UGLY cat!!!"

All the children were warned not to touch him, the adults threw rocks at him, hosed him down, and squirted him when he tried to come in their homes, or shut his paws in the door when he would not leave. Ugly always had the same reaction.

If you turned the hose on him, he would stand there, getting soaked until you gave up and quit. If you threw things at him, he would curl his lanky body around your feet in forgiveness.

Whenever he spied children, he would come running, meowing frantically and bump his head against their hands, begging for their love.

If you ever picked him up he would immediately begin suckling on your shirt, earrings, whatever he could find.

One day Ugly shared his love with the neighbour's dogs. They did not respond kindly, and Ugly was badly mauled. I tried to rush to his aid. By the time I got to where he was laying, it was apparent Ugly's sad life was almost at an end.

As I picked him up and tried to carry him home, I could hear him

POLICE DIRECT MESSAGES

Between 8.45 am and 1pm Wednesday 19 April a large detached house in Euston Road Barnham was entered by forcing a back window. Electrical items including a camera, mobile phone and laptop computer were stolen. Were you in Euston Road at any time on the 19th? You might have seen a vehicle or persons acting suspiciously in the area. The person responsible may well have visited a number of villages in the area so if you saw anything suspicious tell us about it.

There were two burglaries in Troston and Westley on 13 March and although there are similarities to this one there is nothing to link them at this time. We continue to investigate these and again if you have any information which might help please contact us.

There was a series of incidents in Fornham St Martin in Gleneagles Close, Hoylake Close and Fulford Close, overnight the 14th to 15th of April. In each location, a parked vehicle was targeted by thieves, and property was stolen from within. The vehicles had all been left insecure overnight in the street or on a driveway. Police cannot overemphasise the need to secure vehicles overnight and ensure that valuables are not left inside them. If you have any information whatsoever, regarding these offences please contact us on the number below. Any items of information, no matter how seemingly trivial or insignificant should be reported. If you have any information whatsoever, please contact us on 01284 774068.

Police are requesting information on the following theft in the Depden area. This occurred between 2pm on the 13th April and 8 am on the 18th April. Contractors had been replacing overhead cables in the village and had left five large reels of aluminium cable over the Easter holidays, on the disused airfield beside the A143 road at Depden. These were stolen, and whoever stole them would have needed to use heavy lifting equipment and a large truck to accomplish this.

**IF WHAT YOU KNOW MIGHT SOLVE A CRIME . .
THEN REPORT IT NOW ! CALL**

The Police on 01284 774100 or Crime Stoppers on 0800 555111

Know Your Rights for Stop and Search

Stop and search can help the police to detect crime and make our communities safer

· What is a 'stop and search'?

Police officers can stop and talk to you at any time but they should only search you if they suspect you are carrying:

- Drugs
- Weapons
- Stolen property; or
- Items which could be used to commit a crime

· Why me?

If you are stopped and searched it doesn't mean you have done something wrong and you should not be searched just because of age, race, ethnic background, nationality, religion or faith, the way you look, the language you speak or because you have committed a crime in the past. If you believe this is the case you can complain.

· Where can I be stopped and searched?

You can be searched in a public place or anywhere if the police believe you have committed a serious crime. If the police believe there may be serious violence then they can search everyone in an area for weapons (e.g. near a football ground) without needing a good reason to search each person.

The police can stop a vehicle at any time to check the driving documents. If they have good reason to suspect that it may contain stolen goods, drugs or weapons, they can search it even if you are not present. They must leave a notice to say what they have done and if any damage is caused, you can claim compensation but only if they didn't find anything to connect you with a crime.

The police officer must normally tell you:

- That you must wait to be searched
- What law they are using and your rights
- Their name
- The station they work at
- Why they chose you
- What they are looking for; and
- Your right to be given a record of the search straight away

Dog Fouling In any incidents of dogs fouling the pavement, the owner should be firmly identified so that the village dog warden can follow up the case.

Date of Next Meeting The AGM and APM will be held on Thursday, 25th May at 7.30 pm.

All villagers are encouraged to attend.

Mobile Library

The mobile library visits Hepworth on alternate Thursdays. It stops at:

'Ivynook' Beck Street	2.25 - 2.35 pm
North Common	2.45 - 3.00 pm
Half Moon	3.05 - 3.25 pm

The dates for the rest of the year should be 18th May, 1st, 15th & 29th June, 13th & 27th July, 10th & 24th August, 7th & 21st September, 5th & 19th October, 2nd, 16th & 30th November, 14th & 28th December.

The easiest way to make use of the service is to visit the mobile library at one of its stops, when the library manager will be pleased to help. The mobile library is available for anyone to use - please use it to ensure its future.

ANOTHER LANGUAGE

A mother mouse and a baby mouse are walking along, when all of a sudden, a cat attacks them. The mother mouse goes, "WOOF!" and the cat runs away.

"See?" says the mother mouse to her baby. "Now do you see why it's important to learn a foreign language?"



HEPWORTH PARISH COUNCIL

The scheduled meeting of the Parish Council took place on Thursday, 2nd March 2006 at the pavilion. The meeting was chaired by Mr Stannard. Amongst the matters discussed were:

Report from Borough Councillor The Borough Councillor reported on the proposed increases in Council Tax, the withdrawal of the night bus service, and the forthcoming Parish Conference.

Report from Community Police Officer The Community Police Officer stated that no crimes have been reported in Hepworth since the last meeting.

Trees along Market Weston Road The Parish Council are investigating the replacement of missing and damaged oak trees along this road.

Pocket Park Locations for the possible siting of a village pocket park were reviewed, and further advice is being sought from Suffolk ACRE

Clerk's Report The Clerk reported on progress with starting off a Hedgerow Survey in Hepworth, on costs for formalising the unofficial lay-by near the A143, and on the proposed HGV survey to be carried out by Suffolk County Council.

Telephone Directories Villagers should be aware that, as Hepworth is on the boundary, they may request directories for adjoining areas from BT and Yellow Pages free of charge.

Mobile Library Service This is being reviewed by the County Council, and details including timetable and joining instructions will be publicised when they are known. (*see next page*)

Parish Plan The grant offer was accepted, and an coffee morning to inform villagers of the Plan was held on 4th March.

Report on C639 Meeting A meeting was held on 22nd February with the County Council and representatives from Barningham. A number of safety issues and road usage were identified, and the Council has taken note of the Parish Council's concerns.

If the officer is not in uniform they must show you their identity card.

If you are in a public place you only have to take off your coat, jacket or gloves. If the police ask you to take off more than this or anything you wear for religious reasons, such as a turban or face scarf, they must take you somewhere out of public view. This does not mean that you are arrested. When away from a public place, the officer who searches you must be the same sex as you.

· **Why is there a record made of the stop search?**

You will be asked for your name, address and date of birth. You do not have to give them this information unless you are being reported for an offence, if this is the case you could be arrested if you refuse to tell them. You will also be asked to say what your ethnic background is. You do not have to say but this information helps to show if the police are stopping and searching people just because of their age or ethnicity.

In most cases the form will be completed at the time and you will be given a copy there and then. In some circumstances it may not be possible to complete the form e.g. the officer is called away to an emergency. In this case the form will still be completed and you can apply for a copy up to 12 months after the incident.

· **What if I am stopped but not searched?**

If the police stop you to ask you questions about a crime they will still fill in the form, which will give the reasons for the questions.

The police should treat you fairly and with respect and the police would expect to be treated in a similar manner. They are after all doing a very demanding and difficult job. In the vast majority of cases there are no problems.

If you feel you have justification for a complaint against an officer then you can make this complaint to:

- Your local police station
- Your local police authority
- A citizens advice bureau
- Your local Race Equality Council
- A solicitor

PETER'S PANEL

At the NW Conference this March I announced that I intended to stand down at the next conference in March 2007 and that a volunteer would be needed from our ranks to take over the role of Bury Rural NW Co-ordinator. As I'm writing this panel from a bed in the West Suffolk Hospital I suspect the need for that volunteer is now rather more pressing.

Prostrate cancer struck me some eight years ago and has now got to the stage where, despite the doctors best efforts, it is invading other parts of my body so I feel that I should, as politicians say, spend more time with my family!

I cannot fail to mention this hospital nor cannot say enough for medical, nursing and cleaning staff here. Listening to the cheerful banter of the latter is a joy and I'm sure does much to cheer up all the inmates of the F wards. It is clear that the medical and nursing staff are working under pressure, but this does not deflect them from their dedicated care duties. And if, at times, they may seem a little forgetful or slow to respond this is just because they have too much to do in the day. These are the parts of our Health Service about which we should be justly proud and for which, I personally, am deeply grateful.

What, you may be asking has all this got to do with NW and Peter's Panel? - I can't think! Except that we need a new editor/author for the Bury Rural Watch News and someone to jolly along Neighbourhood Watches in Rural. Essentially the latter has to be someone with much experience of running a Watch who has the confidence of other NW Co-ordinators.

Editing the Watch News principally involves translating "police speak" and "police report" into clear simple English that is more akin to newspaper rather than police reportage. It is NOT always that simple. You must, obviously, be computer literate and it makes life much simpler to work on both a home computer and the police network in either Ixworth or Horringer Police Stations.

Once out of this institution I'd be more than happy to talk to any volunteers about this rewarding task.

Peter Johnson Bury Rural Sector Neighbourhood Watch Coordinator

Dog fish: Lie Doggo: Hot Dog: Dog ends: Dog tired: Dogged.

Lots of love from Willow

PS. I would use the e-mail – but I still don't know HOW to use it – sadly – I really would like to work it and get into the 21st Century!!!

Love to you all - Pip
email Pip@margaretellis.co.uk

PS A little poem for you..

I woke early one morning
The earth lay cool and still.
When suddenly a tiny bird
Perched on my window sill.

He sang a song so lovely
So carefree and so gay.
That slowly all my troubles
Began to slip away.

He sang of far off places...
Of laughter and of fun.
It seemed his very trilling
Brought up the morning sun.

I stirred beneath the covers
Crept slowly out of bed,
Then crept up towards the window
And bit off his little head!!!

I'm Not a Morning Dog (hee hee, only joking)

Answers to Crossword 106

Across: 7 School, 8 Sweeps, 9 Felt, 10 Annually, 11 Admired, 13 Virus, 15 Trout, 16 Planted, 18 Activity, 19 Howl, 21 Leaned, 22 Report.
Down: 1 Acre, 2 Contributions, 3 Cleaned, 4 Using, 5 Relationships, 6 Applause, 12 Directed, 14 Players, 17 Windy, 20 Work.



PIP'S PAGE

Hello Everyone, Pip here again.

Weather's getting better so Marg thought it was time for us ALL to go and have a 'shampoo and set'. You know what I'm like when I see a lead – I think it's walkies time and I hide up. Well I got fooled this time because Marg put the girls in the back of the van FIRST! I'm the important one and I ALWAYS go in first - so I got a sulk on. There is no way I would let her put a lead on me, so she had to open the door and call me. I dashed straight out but when I saw the girls in the back of the van before me there was no way I was getting in there. I sat by the passenger door and refused to move until she opened it for me and I then got straight in. Have I got HER trained or not!!!!

We got to Michelle's place (I'm a personal friend so I'm allowed to use her first name) and I played a game by hiding up behind the driving seat, where I know she can't get at me, then I jump out laughing. Anyway today was special because when I got into Michelle's I had another surprise. She got another lovely lady Doberman, I like the ladies and touched noses with them, then I showed them how clever I was a jumping up at Marg until she picked me up. They thought I'd got her really well trained and I could see they were really impressed!! I don't think they were so impressed when I got out of the bath because my legs look really scrawny when my fur is wet, but the rest of my physique is really impressive. I think they like me for my modesty as well.

There is a winner to last month's competition – Willow – who sent me a lovely letter which I've asked the editor to publish (I've got him trained as well!!). Willow I've made an appointment with the photographer and will send you your prize of a signed photo of me when it comes through.

Letter to Pip.

I read your article in the Social Club magazine hence my response!! Words containing the word 'Dog'.
This is a little selection:-
Dog's dinner: In the 'dog house': Doggerel: Dog collar: Dog's life:

Message from Sue Gardiner on behalf of Peter Johnson.

Peter is currently in hospital not very well at all but between us we have managed to get this newsletter out. He has given me permission to inform everyone that he will be leaving hospital probably Thursday/Friday next week to return home having been told by doctors that there is no further treatment which will help.

As in the newsletter we are seeking desperately a volunteer to continue Peters good work - anyone interested please contact Inspector Nunn.

Sue - 01284 774222

The full Neighbourhood Watch Newsletter is available at
<http://www.johnbeales.co.uk/nhwatch.htm>



Taking pride in keeping Suffolk safe



THE BATHTUB TEST

It doesn't hurt to take a hard look at yourself from time to time, and this should help get you started.

During a visit to the mental asylum, a visitor asked the Director what the criteria was which defined whether or not a patient should be institutionalized.

"Well," said the Director, "we fill up a bathtub, then we offer a teaspoon, a teacup and a bucket to the patient and ask him or her to empty the bathtub."

"Oh, I understand," said the visitor. "A normal person would use the bucket because it's bigger than the spoon or the teacup."

"No." said the Director, "A normal person would pull out the plug. Do you want a bed near the window?"



BBQ Season! It's the man's time to cook...

After many long months of cold and winter, we are finally coming up to spring and BBQ season. Therefore, it is important to refresh your memory on the etiquette of this outdoor cooking ritual, as it's the only type of cooking a real man will do, probably because there is an element of danger involved. When a man volunteers to do the BBQ, the following chain of events are put into motion:



Routine:

1. The woman buys the food.
2. The woman makes a salad, prepares vegetables, and makes dessert.
3. The woman prepares the meat for cooking, places it on a tray along with the necessary cooking utensils and sauces, and takes it to the man who is lounging beside the grill - beer in hand.

Here comes the important part:

4. THE MAN PLACES THE MEAT ON THE GRILL.

More routine:

5. The woman goes inside to organize the plates and cutlery.
6. The woman comes out to tell the man that the meat is burning. He thanks her and asks if she will bring another beer while he deals with the situation.

Important again:

7. THE MAN TAKES THE MEAT OFF THE GRILL AND HANDS IT TO THE WOMAN.

More routine:

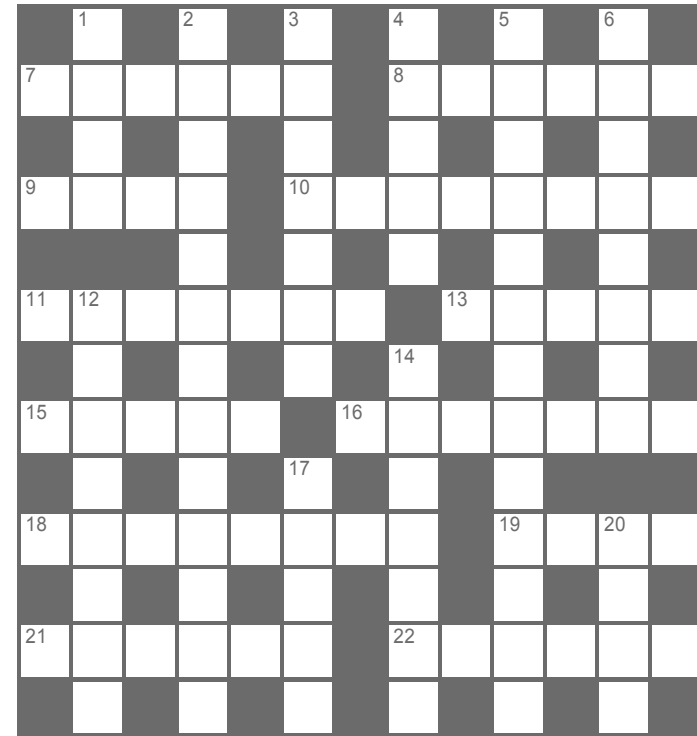
8. The woman prepares the plates, salad, bread, utensils, napkins, sauces and brings them to the table.
9. After eating, the woman clears the table and does the dishes.

And most important of all:

10. Everyone PRAISES THE MAN and THANKS HIM for his cooking efforts.
11. The man asks the woman how she enjoyed "her night off" and, upon seeing her annoyed reaction, concludes that there's just no pleasing some women!

Happy BBQ Season everyone!

Crossword 106



Across

- 7 Learning place (6)
- 8 Broom movements (6)
- 9 Examined by touch (4)
- 10 Yearly (8)
- 11 Looked up to (7)
- 13 Computer infection (5)
- 15 Fresh water Salmon (5)
- 16 Put in soil (7)
- 18 Human action (8)
- 19 Wolf cry (4)
- 21 Inclined (6)
- 22 Write up (6)

Down

- 1 4840 sq yds (4)
- 2 Donations (13)
- 3 Made clean (7)
- 4 Utilising (5)
- 5 Kinships (13)
- 6 Hand clapping (8)
- 12 Manoeuvred (8)
- 14 Team participants (7)
- 17 Breezy (5)
- 20 Employment (4)

Answers on page 13