

JOANNES Barbering Service

Working from home in Hepworth
or can make house calls

Also at HEPWORTH PAVILION
First Saturday of every month
8:30am - 12.00pm

All welcome. Refreshments available
Appointments taken or just walk in!

Tel: 01359 250 790 Mob: 07796 295 658

BLUEBERRY BUSHES

Pretty spring flowers, flavoursome summer fruit,
stunning autumn foliage.

Blueberries make lovely patio plants.

Ideal for growing in containers. Instructions provided.

£12 one bush or £10 each for 2 or more.

Telephone or email Jo / Andy

01359 250659 jo@gardenberries.co.uk

Acorns, Beck Street, Hepworth

And Finally....

A father and his 6 year-old son attended a horse auction. The father decided to check out a horse prior to bidding.

The father ran his hands up and down the horse's legs, face, and rump. The little boy asked, "Dad, what are you doing?"

The father replied, "I'm interested in buying this horse and I'm checking it out."

The little boy's eyes became as big as saucers and he blurted out, "Dad, we have to go home now!"

The father was puzzled and asked him, "Why do we have to go home right this minute?!"

The boy replied, "Because, when I got home from school yesterday the coalman was there and I think he wants to buy Mum!"

HEPWORTH SOCIAL CLUB

NEWSLETTER

**Hepworth is now a
Cut Above The Rest!**

See page 7

**And missing
See page 5**



Issue
No 126

February
2010

This Newsletter is available on the Internet at
<http://www.johnbeales.co.uk/news.htm>

Slimming World.

Hi, anyone out there looking to lose some weight??
Then come along and join us at Slimming World, it's all about healthy eating for all the family. We also encourage you to be more active and look at long term lifestyle changes.

Everyone is welcome whether you have a little or a lot to lose – do come along and find out more.

I'm Carol and I'm at Moreton Hall Community Centre, Bury St Edmunds on Thursdays at 9.30am, 11.30am and 6.00pm.
Tel: 01359 251866.

Also Rachel has just changed venues and is in Walsham-le-Willows Village Hall on Mondays at 6.30pm
Tel: 01449 677250.

Hepworth Pavilion - Hall Hire Charges

For All Functions

£25.00 for an evening session (£30.00)

£15.00 for an afternoon or morning session (£20.00)

£40.00 for an afternoon & evening session (£45.00)

£50.00 for all day (£60.00)

Prices in brackets are for Non Hepworth Residents.

All prices include the cost of heating, electricity etc..

Special prices available for regular or short hirings.

Bookings/enquiries

☎ 01359 250048

The Recreation Ground Committee reserves the right to decline a booking.

Borough Councillor

Mr Dave Ray 01359 250912
Chapel Cottage
Low Street, Bardwell
IP31 1AU david.Ray@stedsb.gov.uk

Community Police

PC Sheena Tate 01473 613500 (switchboard)
Ixworth Police Station 01284 774222 (Ixworth)
sheena.tate@suffolk.pnn.police.uk

Auditor

Mr Alan Phillips 01359 250678
6 Church Close, Hepworth
IP22 2QF phillipsa12@sky.com

CHEAP MATERIAL

Walking up to the counter at a fabric shop, a pretty girl asked, "I want to buy this material for a new dress. How much does it cost?"

"Only one kiss per yard," replied the smirking male assistant.

"That's fine," replied the girl. "I'll take ten yards."

With expectation and anticipation written all over his face, the assistant quickly measured out and wrapped the material, then teasingly held it out. The girl snapped up the package and pointed to a little old man standing beside her.

"Grandpa will pay," she smiled.

Sudoku Solutions - from page 5

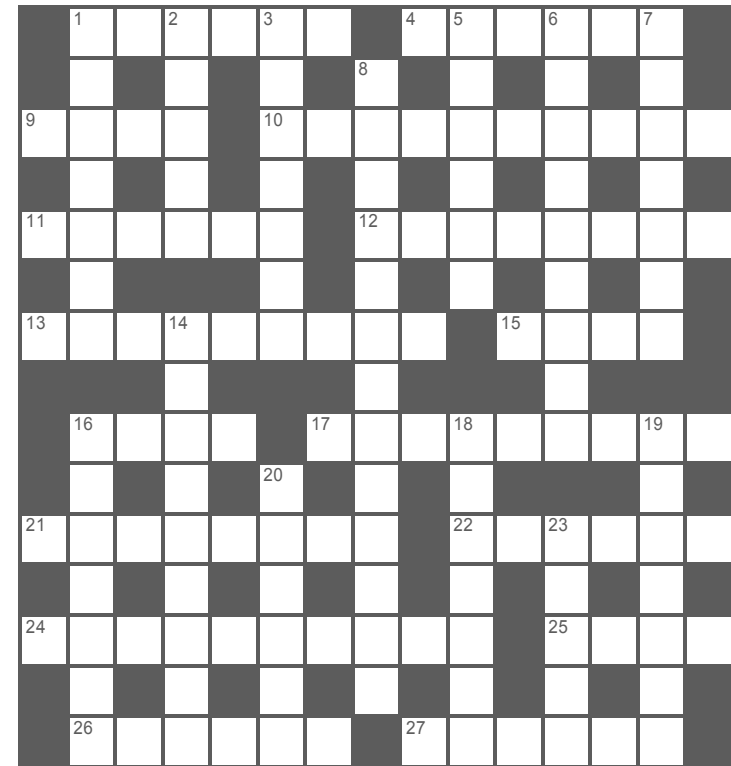
7	3	6	5	2	8	9	1	4
5	8	1	3	4	9	7	2	6
2	4	9	7	6	1	5	8	3
8	2	3	4	9	5	6	7	1
6	5	7	1	8	3	4	9	2
1	9	4	6	7	2	3	5	8
4	1	2	9	5	6	8	3	7
3	6	5	8	1	7	2	4	9
9	7	8	2	3	4	1	6	5

5	7	2	4	3	8	9	1	6
6	1	3	5	9	7	8	2	4
4	8	9	2	1	6	7	5	3
8	9	7	1	2	4	3	6	5
1	3	6	9	8	5	4	7	2
2	5	4	6	7	3	1	9	8
7	2	8	3	6	9	5	4	1
3	6	5	7	4	1	2	8	9
9	4	1	8	5	2	6	3	7

HEPWORTH PARISH COUNCIL - January 2010

- Chairman** Mr Dave Stannard 01359 250435
Chestnut Cottage
The Street , Hepworth
IP22 2PX
- Vice-Chairman** Mr John Beales 01359 250048
20 Church Close, Hepworth
IP22 2QF *john@johnbeales.co.uk*
- Mrs Margaret Ellis 01359 250048
20 Church Close, Hepworth
IP22 2QF *margaret@margaretellis.co.uk*
- Mrs Alison Bovill 01359 250224
The Old Rectory
The Street, Hepworth
IP22 2PS *alibovill@aol.com*
- Tree warden** Mr Russell Kemp 01359 250433
Cotswolds
The Street, Hepworth
IP22 2PS *rustle-236@hotmail.co.uk*
- Mrs Marjorie MacPherson 01359 250366
Bayswater
North Common, Hepworth
IP22 2PR *marjoriemm49@hotmail.com*
- Mr Peter Rudge 01359 221227
Four Winds
Beck Street, Hepworth
IP22 2PN
- Parish Clerk** Mrs Christine Curry
14 Grove Park, Walsham le Willows
Bury St Edmunds IP31 3AE
01359 258550 *christine.currypa@googlemail.com*
- County Councillor** Mrs Joanna Spicer 01359 230800
Home Farm, Pakenham
IP31 2LW *joanna.spicer@suffolk.gov.uk*

Crossword 126



Across

- 1 Plan something (6)
- 4 Food dressings (6)
- 9 On top of (4)
- 10 Said sorry (10)
- 11 Decelerated (6)
- 12 Sound judgment (8)
- 13 Inhabitants of Spain (9)
- 15 Bonded (4)
- 16 Pig meat (4)
- 17 Broken pieces (9)
- 21 Of least weight (8)
- 22 Anticipate (6)
- 24 Moving stairs (10)
- 25 Visually displeasing (4)
- 26 Bring to an end (6)
- 27 Adjusts (6)

Down

- 1 Make something new (7)
- 2 Prison guard (5)
- 3 Mum or dads mum (7)
- 5 Quantity (6)
- 6 Find fault with (9)
- 7 Reeked (7)
- 8 With thought (13)
- 14 Opposite southwest (5-4)
- 16 Christian Clergyman (7)
- 18 Estimated (7)
- 19 Rugby challenges (7)
- 20 Sell to public (6)
- 23 Fullness of figure (5)

Answers on page 24

Shrove Tuesday Pancake Party

(Cook's night off)



on 16 February from 6 pm

at

**The Old School House, The Street,
Hepworth**

Running Buffet available from 6pm onwards

Choice of savoury and sweet pancakes

Adults £4.50 (bring your own bottle), Children £2
tea/coffee/ soft drinks included.

Space is limited so please book by phone or e-mail:

Alwyn & Mike Cathrall 01359 253439

coffeethepworth@yahoo.co.uk



RECYCLED PAPER OFFER

Recycled A4 paper (as used in this Newsletter)
80gsm. Suitable for laser, inkjet and handwriting

£3.50 per ream (500 sheets)

☎ John on 250048

Over 60's Christmas Lunch Friday 11th December.

Another successful day, people getting together, sometimes for the first time since last year. Welcoming friends old and new, what a wonderful atmosphere, we should try bottling it and taking the stopper out during the year when we need to cheer ourselves up!!.

Firstly our thanks go to Pat Denne, Rosemary Vernon, Julie Filby, Sheila Burrows and Angela Branfield who acted as 'postboxes' for the returned raffle ticket stubs and money. Many thanks to all of you who donated prizes, purchased and sent in their counterfoils and 'donation' tickets for the raffle. Without this income it would be a real struggle to fund this annual, now 15th Christmas Lunch.

Thanks must also go to all who helped on the day, to Robin Filby and Rosemary Vernon who acted as 'taxis'. To John Fulton who said Grace before the meal. To Pam Newberry, Julie Filby, Diane Goldsmith and Karen (sorry don't know your other name), Glenys Gage, Chris and Pat Anderson, who were the welcoming committee offering a convivial glass of sherry and later acted as waiters/ waitresses. To everyone who 'mucked in' to do the washing up. To Rona Ratcliffe, Sharon Rees and Chris Anderson who kindly volunteered to deliver the raffle prizes and last but by no means least to Clare Jones-Davis who cleaned up the hall on Saturday morning.

The £100 1st prize on the raffle was won by Mr K Ling of North Common, the second, the wonderful hamper was won by Julie and Robin Filby and the microwave was won by Mr C Holden, in all there were over 70 prizes this year. I think you'll all agree we had a wonderful team of volunteers without whose help, this annual event wouldn't take place. We would like to take this opportunity to thank you all and wish you a very Happy and Healthy New Year, hope to see you again at Christmas 2010 if not before!!

John and Margaret

IF YOU WANT?

If you want someone who will eat whatever you put in front of him, and never say its not quite as good as his mothers..... . then buy a dog.

If you want someone always willing to go out, at any hour, for as long and wherever you want then buy a dog.

If you want someone who will never touch the remote, doesn't care about football, and can sit next to you as you watch romantic movies then buy a dog.

If you want someone who is content to get on your bed just to warm your feet and whom you can push off if he snores then buy a dog!

If you want someone who never criticizes what you do, doesn't care if you are pretty or ugly, fat or thin, young or old, who acts as if every word you say is especially worthy of listening to, and loves you unconditionally, perpetually then buy a dog.

BUT, on the other hand

If you want someone who will never come when you call, ignores you totally when you come home, leaves hair all over the place, walks all over you, runs around all night and only comes home to eat and sleep, and acts as if your entire existence is solely to ensure his happiness then buy a cat (or marry a Man)!!

Crossword Answers from page 3

Across: 1 Design, 4 Sauces, 9 Over, 10 Apologised, 11 Slowed, 12 Sensible, 13 Spaniards, 15 Tied, 16 Pork, 17 Fragments, 21 Lightest, 22 Expect, 24 Escalators, 25 Ugly, 26 Settle, 27 Adapts.

Down: 1 Develop, 2 Screw, 3 Grandma, 5 Amount, 6 Criticise, 7 Smelled, 8 Consideration, 14 North-east, 16 Priests, 18 Guessed, 19 Tackles, 20 Retail, 23 Plump.

MISSING

Small short-haired tortoiseshell, missing since 08/12/09 from Hepworth area (picture on front cover)

Please check your garages and sheds

Please call with any information 250581

Thank you

HEPWORTH COFFEE MORNING

Alternate Thursdays (4th & 18th Feb) in Hepworth Pavilion
anytime between 10 am and 12 pm.



Drop in for a quick chat or stay as long as you like, meeting friends and catching up on local news.



Need a lift? Ring us to ask for help.

Mike and Alwyn Cathrall

coffeeathepworth@yahoo.co.uk

01359 253439


Sudoku - 1 easy - 1 not so easy (solutions on page 27)

		6						
5	8	1		4			2	6
	4			6			8	
	2					6		1
6	5				3		9	2
			6		2	3		8
4	1		9				3	
		5		1	7			
	7	8	2	3	4			

			4					
		3		9			2	
	8	9					5	
	9		1				6	
				5				2
	5				3	1	9	8
7						5	4	
3	6						8	9
		1						

Word Search - Cooks Ingredients

There are 40 words associated with 'Cooks Ingredients'
How many can you find without referring to the list on page 15

HOUSEWORK A FLOP?
CALL MRS MOPPS!
AND I WILL MAKE YOUR HOUSE LOOK TOPPS!
 REFERENCES AVAILABLE - CALL 01359 252242

An Eagles Tale

We waited there excitedly,
We scoured the sullen sky,
We knew about the eagle's nest
And where the eagles fly.

We wondered, would we see the birds –
Would one come into view
Then suddenly high in the clouds
We saw the form we knew.

The male sea-eagle circled high
As high as any lark;
His white tail glistened in the murk –
His 'barn door' wings so dark.

And as we watched, he hurtled down,
Wings closing as he went;
He landed on the eyrie tree
And there seemed quite content.

The exchange came so quick and sure
It almost beat the eye
The female left the eyrie tree
And faded in the sky.

Across the hills she disappeared
To search a nearby loch.
She left her suitor there to brood
The future eagle stock.

The eagles fly o'er Mull once more
And all the Hebrides,
And could there be a finer sight,
A finer sight than these?

Bernard Howlett ©

the full walk that we do. We're all helping her when we can. She's really quite brilliant but I wouldn't dream of telling her, just in case she gets more attention than I do but I hope she'll come out for some more walks with us.

We've had some fabulous food, turkey, ham and chicken. We all like smashed potatoes so we've had those and any other titbits like cracklin' and gravylovely! We have to take care not to let Missi have any sprouts.....not that she doesn't like them but the noise she makes is like a balloon being let off and the smell.....ooooh that can clear a room quicker than anything!! Maybe I should bottle it and try it on that darned cat!!!

Here's a good recipe.....

How To Make Puppy Pie

Take one puppy, roll and play until lightly pampered, then add the following ingredients.....

1 cup patience....

1 cup understanding....

1 pinch discipline....

1 cup hard work....

2 cups praise..

1½ cups fun...

Blend well.

Heat with warmth of your heart until raised or until puppy has doubled in size.

Mix with owner until consistency is such that owner and puppy are one.

Enjoy!

Anyway Christmas was all that we expected and more.

Management have since threatened us because we still take over the bed before they can get there (what do they expect.....we're younger and fitter than them!!). They've told us that they're going to build a shed for us..... we'll have to see about that.....won't we????

Hope you all have a brilliant New Year.

Love from Pip and the 'Yorkshire Terrorists'. (aka 'The Wild Bunch' - Bill's new image of us!)

'A Cut Above The Rest'

Yes a new gents hairdressing service at the Hepworth Pavilion.

No more trips to Bury, no more car parking fees and a first class haircut on your doorstep for only a fiver! Yes its true only a fiver (and you may even get a cup of coffee).

More details: Tel Joanne on 01359 250790 (Mobile 07796 295658)

(See advert on back page)

Midsuffolk Mobile Library 2010

Hepworth (alternate Thursdays)

Ivynook, Beck Street 2.50pm—3.00pm

Half Moon 3.05pm—3.25pm

February 4th & 18th - March 4th & 18th - April 1st, 15th & 29th

Our satellite connection allows us to offer you all the facilities of a branch library for both adults and children. You can order books, spoken word, CDs and DVDs on the mobile, or over your home internet connection, and collect them from the mobile library or any other branch library. You can return our books to your local branch library or drop branch library books off when you visit the mobile library. We also sell postage stamps, cards, and eco-library bags.

If you wish to take advantage of this service then just pop along to the van (times above) and take with you some form of ID (a driving license or a utility bill to confirm your address) and that's it. You can take a book away with you.

You can contact Steve on the Mobile Library (07721-879855) at any time.

If the Mobile Library phone is not answered, please call the office on 07872 676698, Monday—Friday between 9.00 and 12.00.

FASTER BROADBAND

Suffolk ACRE is working with Suffolk County Council and other key organisations to campaign for faster broadband in Suffolk including the chance of attracting government funding. Many areas of Suffolk, particularly rural but also some urban communities are seriously disadvantaged by the limited speed of their broadband service. We have a chance to improve the overall service across the county but we need your help.

Good broadband service is becoming increasingly important to the overall economy and quality of life in our beautiful county. Not only is good telecommunications necessary for businesses, it is becoming a vital part of our education and health service provision. If our young people are to get the best out of their schooling they will have to have fast internet access and the effective and efficient care of our elderly will also be dependant on new telemedicine services.

The East of England Development Agency (EEDA) is running an online survey to gauge the demand for faster internet access.

Please register your interest on the EEDA site now – www.erebusonline.org.uk - to help us demonstrate the support and level need in Suffolk.

Securing better broadband for Suffolk is vital in our drive to help reduce rural isolation and the further erosion of local services.

Your vote really does count.

If any of the following statements apply to you or anyone you know then please register...

Home User

- I need to send photographs by email
- I need to watch TV on my computer to help with my studies
- I need to check / manage my online bank account
- I need to do my shopping online
- Occasionally I need to work from home when the children are sick or on holidays

usual.....oops, we'd forgotten that and we were all still in bed. I tried to wake them up but Missi being deaf was snoring very loudly as she does. Bill was lying on his back, snoring and displaying his wares!! Moll was curled up like a little dormouse, so much so her ears were covered so she couldn't hear me either. Abbi, curled up comfortably in the corner of her favourite chair with her head buried under a cushion was also very sleepy.

Management Marg tippy...toed in and at least I was there to welcome her. That was nice, we cuddled up on the sofa for a while and she gave me some of my favourite chews and we had a little quiet time together. We gave each other a kiss for Christmas..... good job my fur doesn't blush isn't it? Management John had made a cup of tea and the three of us sat together quietly for a while. Everything was nicely hushed until SOMEONE who was so laid back that HE rolled over and fell off the chair.....(gives you a clue..... HE) and onto a squeaky toy left on the floor.....from then on there was mayhem. Moll woke up and wondered what it was, Abbi woke up and wondered where it was, Missi feeling the movement of HIM falling off the sofa woke up as well and decided it was time to make herself scarce.... found herself a quieter spot to snooze a bit longer.

After this, when we were all together we opened our presents. We had loads of stuff, there were toys which neither me or Missi don't 'do'. Would you believe that someone bought Bill a mobile phone? It doesn't squeak but gives rings like a phone, it scared him, but not Moll who had a bit of 'post it' pad stuck to her paw and said she would take messages for him, WHAT?? There was something that looked like a lion with a mane and long legs, Moll grabbed the head and Abbi found the legs so they had a good tugging match. There was also a 'chewy shoe'.. Abbi found this and took charge...nothing much left by the time she'd finished, I think she was looking for a leg on the end of it!! Moll was still trying to answer the phone while Bill was standing on it wondering where the ringing tone was coming from.....get the picture????

We had a good result as well when we all went out for a walk. We haven't been able to take Abbi because she can't see very well and gets frightened away from home. Anyway we tried all going together and she came with us. She did really well but got a bit confused now and again. Management kept talking to her and she did almost



PIPS PAGE

Hello Pip here,

Well, what a Christmas we had. After the Over 60's Christmas Lunch we had the 'doggy bags'

this was great, Moll sends a thank you message and wonders if you could leave some Christmas Pud next year. Cheeky little madam!!

Did you have all that snow, we did. Billy went to do his 'personals' early in the morning and found that it had snowed overnight. He gets really crazy (more than usual!) when it snows. He dashes up and down the garden skidding about all over the place because he can't 'get a grip' (nothing new there then!!). Trouble is he leapt up onto the patio, skating over the ice on all fours and expecting the door to be open. You can guess the rest can't you.....for a while there his nose (which I may say is rather large!) resembled that of a Pekinese, flattened and squashed. I guess this brought stars to his eyes as he wandered around shaking his head and waiting for his snout to get back into shape, we've decided to leave the imprint there as a reminder as what he'd look like with a face lift!!!.

Moll (whose legs are shorter than the rest of us) went outside to investigate, she came back with her legs caked in snow and ice and looking as if she was wearing those fashionable 'Ugg' boots. As you can imagine, she was parading back and forth indoors showing us all her new fashion accessory, that was, of course, until they melted. Abbi whose sight is bad and Missi whose deaf, decided to have a wander around. Together they went 'snuffling' around the bottom of the garden and came back with white muzzles and paws, didn't seem to bother them though. I went out of course, but only to check that all was secure and in order, I did manage to chase a cat away from the bird table. Between you and me (don't tell the others) I'm a bit scared of cats so I make sure I bark when I'm a long way away to give them fair warning that I'm on the way.... slowly..... giving them plenty of time to get away before I get there. I may sound fierce and my bark is much admired by the others in my pack but not so much by management or the neighbours!!!.

Anyway Christmas morning arrived as did Management Marg....., home from her nights work.....one hour earlier than

Home Worker

- I need to download and upload large files regularly
- I need to regularly partake in audio and video conferencing
- I need to do website research for projects and presentation
- I need to regularly stream real-time video to keep up with the news
- I need to buy and sell online

Student

- I need to do website research for projects and presentations
- I need to share information (music, images and video) within my social network
- I need to stream video (sometime real-time) when using the college virtual learning system

Small Business

- I need to buy and sell online
- I need a competitive edge in selling products online, faster broadband speed is crucial
- I regularly need to download large files from suppliers' websites
- I need to update website, by uploading large image files on a regular basis
- I need to carry out complex computer designs

Self-employed

- I need to connect at high speed to my clients' network, to download / upload large multimedia files
- I need to use reliable audio / video conferencing tools to communicate with my clients
- I need to buy and sell online
- I need to do website research for projects and presentations
- I need to use social media tools to share multimedia information with my various communities

EEDA has launched a new website enabling you to register your interest in faster broadband. The more people who register in Suffolk, the greater our chances of making all of our lives better. Please spread the word and let as many people know about this as possible. If you need any further assistance with this do not hesitate to contact us for more information and advice.

EREBUS can be found at www.erebusonline.org.uk

WARNING ON FRAUD – COUNTYWIDE



Police are again urging anyone considering buying a dog via the internet to be alert after further reports of a scam designed to get money under false pretences were received by officers.

Suffolk Police issued a warning earlier this month after a Rendlesham resident spotted an advert on the internet for a Siberian husky puppy saying all that would be needed to buy the puppy was the cost of transportation - several hundred pounds.

The buyer was told there was a shipping company involved and was asked to pay half of the cost. She was then asked for more money as refundable insurance. In total £350 was sent off to an address in Africa.

The buyer was then told that the dog was stuck at a UK airport and that further cash would be needed for permits - and again several hundred pounds was requested. The buyer then contacted the airport and was told there were no dogs awaiting shipment.

At this point it was realised this was a scam and no further money was handed over.

Police have received several reports of residents in Ipswich, Stowmarket, Felixstowe and Bury St Edmunds being conned in a similar way in recent weeks - with a variety of different dogs, usually puppies, including King Charles Spaniels, Pugs and English Bulldogs, being used to entice buyers.

Police are urging anyone considering buying a dog off the internet to be cautious and not to send money if there are any doubts the seller may not be genuine. In many of these cases the buyers have transferred money to banks or addresses in Africa - despite the seller often giving a story that they are UK based.

As with any transaction it is always wise to speak to local sellers/tradesmen to get quotes or view items before agreeing to purchase as many reputable companies/ dealers will be covered by other guarantees and trade association good practice.

Permit held by County Mulch, Shepherds Grove Industrial Estate It was agreed to objection to County Mulch's application to the Environment Agency to vary their permit because a) County Mulch wished to increase the tonnage threefold, despite being unable to cope with tonnage handled at present; b) they had not complied with their undertaking to reduce or eliminate the smells over the last few months despite colder weather; and c) the request to increase the range of materials to be processed to include those unsuitable for consumption or processing was unacceptable especially because of points a) and b).

Clerk's Report The report included postponement of a planned training session, the appointment of a new Parish Clerk with handover in late-January, the availability of the mobile grocery delivery services in the village on Tuesdays, the street lamp obscured by a tree near the Old School, the provision of two additional dog litter bins, the need for a bus timetable on the notice board, and overhanging trees in North Common.

Any Other Business The Clerk will report the broken street-lamp at the junction of North Common and The Street; will arrange for an appeal to be inserted in the newsletter for a NW co-ordinator in Beck Street; will seek tenders for minor works to Willow Green bus shelter; and will ask for safety improvements to the ditch by the pumping station n Willow Green.

Date of Next Meetings The next meetings will be Parish Action Planning on 4th February and Parish Council meeting on 4th March, both at 7.30 pm in the Pavilion.

Maggi Churchouse
Clerk to Hepworth Parish Council

BUS TIMETABLES

As it would take around 7 pages of the Newsletter (and be a bit boring) I have decided not to publish it. However it is available, free of charge, by phoning 01359 250048.

John Beales

HEPWORTH PARISH COUNCIL

The meeting of the Parish Council took place on Thursday, 7th January 2010 at the pavilion. The meeting was chaired by Mr Stannard. Amongst the matters discussed were:

Report from County Councillor The report covered actions being undertaken by Suffolk CC Highways Department during the cold weather.

Report from Borough Councillor The report covered the cancellation of the Police Safer Neighbourhood Team meeting, the new Community Cohesion and Partnership Board which is offering funding; grants available for community group events over Suffolk Open Weekend (23rd-25th July) for sporting events linked to the Olympics; and Planning Aid, a free and independent planning advice service offered nationwide to those who cannot afford to pay professional fees to submit or oppose planning applications.

Report from Police Community Support Officer There were two reported crimes since 6th November: the theft of 20 m of blackthorn and native hedging from farmland near Goswell Farm, Clay Lane around 24th December; and the theft of a locked, secure horse trailer containing horse equipment from a field by North Farm Cottage, Market Weston Road on 3rd January. Information was also provided about messages and information from the Suffolk Resilience Forum which includes members of SCC, the Police, and local councils.

Accounts for Payment Payments were agreed for the clerk's salary and expenses and for the external auditor's fee for the 2008-09 accounts.

Finance The external auditor's report for the 2008-09 accounts was noted, and the annual return was approved and accepted by the Parish Council. It was noted that further actions were required in connection with adopting a safe code of practice for risk assessment and accident investigation, reviewing the effectiveness of the internal audit, and assessing the level of fidelity guarantee held.

CREDIT CARD SCAMS RE REFUND ON YOUR CARD IS BACK

Members of Mid Suffolk South, have kindly been telling me about a credit card scam, many thanks for letting me know, but I am afraid as ever this particular scam in question is yet another that has been doing the rounds for some considerable period of time now and just keeps popping back up from time to time.

This is a scam where a caller pretends to state they are either from Mastercard or Visa's security & Fraud Department, informing you that your account/card has been flagged with regard to an unusual purchase.

They could ask you if you have recently ordered anything for a strange amount, the favourite being an Anti-Telemarketing Device for £497.99 from a Marketing company based in London?" When the person says NO, the caller then offers to credit their account, provided you confirm you are the card holder by giving them your security code, which comprises 3 numbers to the right of the signature strip.

These callers have even given reference numbers and quoted telephone and account numbers.

A genuine representative would never ask you for these 3 security numbers, so never give this information out to a cold caller

if you doubt a caller is genuine, for anything, even if they say they are with the police, then ask them for a main switchboard number and their direct dial details, then check your bank statement/ local directory or other main source, to see if the numbers are similar. Phone the number and ask for verification that the person to check whether or not they are bona fide.

Or if it's a bank tell them to put it in writing or ask if you can deal with it through your local branch.

DRINK DRIVING - CHRISTMAS CAMPAIGN

This Christmas Suffolk has seen a reduction in the percentage of people recorded risking their lives and the lives of others by drink driving.

The results of Suffolk Police's Christmas drink-drive campaign for 2009 shows a decrease of 1.3% when compared to the figures from the same campaign in 2008.

The month-long campaign began on 1st December 2009 and saw officers countywide conduct 1416 breath tests. Of those tests 95 were positive (6.7 per cent), averaging 3 motorists caught every day during the campaign.

This compares to December 2008 when 8 per cent of those breath tested were positive.

4.4% of all drivers tested in the under 25 years old age group provided a positive breath test compared with 7.1% aged 25-44 years, 3.2% aged 45-64 and 7.5% aged over 65 years.

Furthermore, 489 of the total breath tests were conducted following a road traffic collision, of which 26 gave a positive reading, equating to 5.3%.

Chief Inspector Mike Bacon of the Roads Policing Unit says: "Obviously it is encouraging that the overall percentage of those drink driving has reduced, however these statistics are still too high and there is no room for complacency.

"Those offending need to realise the implications of what they are doing, not just for their own sake but for the sake of the other innocent road users they are putting at risk.

"We are determined to continue to clamp down on those who drink drive and will take action against anyone committing an offence. The message is simple - if you drink, don't drive."

Anyone who suspects someone of drink-driving is asked to report them immediately to the police or Crimestoppers on 0800 555 111.

BURNS NIGHT CAME EARLY THIS YEAR!

Burns Night came early to Hepworth this year. On Saturday 16th January 42 revelers braved the inclement weather and gathered in the village hall to celebrate Burns Night in style. The hall was attractively decked out with a tartan theme with many of the guests entering into the spirit of things and sporting tartan too.

The proceedings commenced with Peter Rudge reciting the Selkirk Grace and then the Haggis was ceremoniously piped in by candle light to the recorded strains of the Gay Gordons and tumultuous clapping. Richard Hinton read a verse of the Address to the Haggis (we felt it might be a step too far to endure all nine verses!), afterwards he cut the Haggis and we raised our glass in a Toast to the Haggis. With Scottish music subtly playing in the background we tucked in to a hearty meal of haggis, neeps and tatties, Topsy Laird Pudding finishing with Bannocks (oat crackers), Isle of Mull cheese and coffee.

After we had all eaten (much more than) our fill Peter thanked Clare Jones-Davies and her team of volunteers for their hard work in arranging the evening and then gave us a lovely rendition of Robert Burns's most well known poem My Love is Like a Red Red Rose.

Now the fun really began as, with expert instruction from Clare, we had great fun (even if it was a little chaotic at times) dancing some favorite Scottish reels with many of the guests enthusiastically joining in. By the time we got the final dance we had all lost our inhibitions and managed a very creditable performance of the Gay Gordons - Strictly Come Dancing beware! The evening came to a close with a rousing rendition of Auld Lang Syne.

Keep your eyes open for the next Hepworth social event and come and join us, its great fun and well worth it.

Sue Staines



FOOD DELIVERIES IN HEPWORTH

Fresh Fish

There is a fresh fish delivery to Hepworth. Its now every Tuesday morning from around 8.30am. If you would like advantage of this service, or find out more then please ring:-
John at Lowestoft 01502 584545.

The Grocers Van

Tuesdays - a mobile grocery shop stopping at:
Willow Green at 10.00am and Opposite the Church at 10.15am
01284 222222

Supermarkets that deliver using the internet (if you don't have internet access perhaps your neighbour does - you can then share any delivery costs).

Asda

Delivery charges from £2.50 to £4.50
Minimum order of £25.00

Sainsbury's

Delivery charges from £3.50 to £5.50
Minimum order of £40.00
Free delivery on Tues, Wed, or Thurs on orders over £100

Tesco

Delivery charges from £3.00 to £6.00
No minimum order

Waitrose

Free delivery
Minimum order of £50.00

Don't forget that we have numerous outlets within the village selling items that we should never consider buying from a supermarket. Eggs are a classic example - free range - local and inexpensive (cheep even!!).

SUFFOLK POLICE'S TOP TIPS FOR WINTER DRIVING

During wintry weather conditions:

- Ask yourself – is your journey essential?
- Check the local and national weather forecasts.
- Listen to local and national radio for travel information.
- Tell someone at your destination what time you expect to arrive.
- Adjust your driving to the conditions, as hail, heavy snow and rain reduce visibility.
- Use dipped headlights and reduce your speed.
- Dazzle from winter sun can be dangerous. Keep a pair of sunglasses handy and slow down.
- Make sure you are equipped with warm clothes, food, boots and a torch. In snowy conditions take a spade.
- Clear your windows and mirrors before you set out and carry a screen scraper and de-icer.

During these cold times it is so important that we try and look out for and help any vulnerable people:

- If you have any concerns at all about an elderly or vulnerable person living nearby, please knock on the door and check they are OK.
- Please check to see if older people can get to the shops and have what they need in the house.
- Encourage people to use their heating, drop in some essential supplies or extra blankets . If you can, make sure driveways and steps are ice free.

If you have any serious concerns contact the emergency services.

The Police non emergency number is 01284 774100, or you can e-mail us at stedsruralnorth.snt@suffolk.pnn.police.uk

Please dial 999 if immediate response needed.

If you wish to report criminal activity in your area anonymously please ring the Crime Stoppers number 0800 555111

HOW DO I RECOGNISE A GENUINE BRITISH RED CROSS FUNDRAISER?

British Red Cross fundraisers work all over the UK throughout the year. Sometimes we employ external agencies to fundraise on our behalf, because it can be more cost-effective for us. Fundraisers working for these agencies will always carry identification and can be identified by their uniform and the materials they have with them when working.

Our street fundraisers:

- wear a bright red jacket in winter and a red T-shirt in summer
- carry a black leather case containing factsheets and a direct debit form
- carry an ID card with their name, photograph, employee number and details of the agency the fundraiser works for.

Our door-to-door fundraisers:

- carry an ID card with their name, photograph, employee number and details of the agency the fundraiser works for
- wear a white tabard over a smart suit.

If you have any concerns about fundraisers in your area, please call our Supporter Care Line on 0844 87 100 87.

CHURCH THEFTS

Theft of lead from a stained glass window and from a church roof has been reported as part of three separate incidents involving thefts from rural churches in Suffolk recently.

Please be aware of these incidents and report any damage to or any suspicious activity around churches to 01473 613500, particularly in the more rural and isolated areas. If you have reason to believe a crime may be in progress please use 999



Crime can not flourish in a community that cares



THE CHAUFFEUR

Cherie Blair is touring the countryside in a chauffeur-driven car.

Suddenly, a cow jumps out into the road - they hit it full on and the car comes to a stop.

Cherie, in her usual charming manner, says to the chauffeur: "Get out and check - YOU were driving."

The chauffeur gets out, checks and reports that the animal is dead.

"*YOU* were driving; *YOU* go and tell the farmer," says Cherie.

Five hours later, the chauffeur returns totally plastered, hair ruffled with a big grin on his face.

"My God, what happened to you?" asks Cherie.

The chauffeur replies: "When I got there, the farmer opened his best bottle of malt whisky, the wife gave me a slap-up meal and the whole family held a party.

"What on earth did you say?" asks Cherie.

"I knocked on the door - and when it was answered, I said to them: "I'm Cherie Blair's chauffeur and I've just killed the cow."



Wordsearch Word List - 'Cooks Ingredients'

Almonds	Currants	Mustard	Sage
Anchovies	Eggs	Olives	Salt
Bay leaves	Flour	Onions	Shallots
Butter	Garlic	Paprika	Soy sauce
Cheese	Ginger	Parsley	Stock cube
Chives	Honey	Pasta	Sugar
Cinnamon	Lard	Pepper	Sultanas
Cloves	Margarine	Raisins	Thyme
Coriander	Milk	Rice	Vinegar
Cream	Mint	Rosemary	Walnuts