

JOANNES

Barbering Service

Working from home in Hepworth
or can make house calls

Also at HEPWORTH PAVILION
First Saturday of every month
8:30am - 12.00pm

All welcome. Refreshments available
Appointments taken or just walk in!

Tel: 01359 250 790 Mob: 07796 295 658

BLUEBERRY BUSHES

Pretty spring flowers, flavoursome summer fruit,
stunning autumn foliage.

Blueberries make lovely patio plants.

Ideal for growing in containers. Instructions provided.

£12 one bush or £10 each for 2 or more.

Telephone or email Jo / Andy

01359 250659 jo@gardenberries.co.uk

Acorns, Beck Street, Hepworth

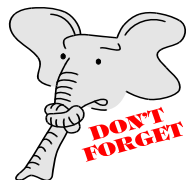
And Finally...

Two women were talking at a party, and one said, "Look at that awful-looking man over there... isn't he hideous? I think he must be the most unattractive man I've ever seen in my life!"

"That happens to be my husband!" said the second icily.

"Oh dear," said the first, covered in confusion, "I'm so sorry."

To which the unfortunate wife replied, "YOU'RE sorry?"



British Summertime begins
28th March
Clocks forward an hour

HEPWORTH SOCIAL CLUB

NEWSLETTER

Printed by John Beales, 20 Church Close, Hepworth. ☎ 01359 250048



Lost Keys - see page 7

Issue
No 127

March
2010

This Newsletter is available on the Internet at
<http://www.johnbeales.co.uk/news.htm>

Slimming World.

Hi, anyone out there looking to lose some weight??
Then come along and join us at Slimming World, it's all about healthy eating for all the family. We also encourage you to be more active and look at long term lifestyle changes.

Everyone is welcome whether you have a little or a lot to lose – do come along and find out more.

I'm Carol and I'm at Moreton Hall Community Centre, Bury St Edmunds on Thursdays at 9.30am, 11.30am and 6.00pm.
Tel: 01359 251866.

Also Rachel has just changed venues and is in Walsham-le-Willows Village Hall on Mondays at 6.30pm
Tel: 01449 677250.

Hepworth Pavilion - Hall Hire Charges

For All Functions

£25.00 for an evening session (£30.00)

£15.00 for an afternoon or morning session (£20.00)

£40.00 for an afternoon & evening session (£45.00)

£50.00 for all day (£60.00)

Prices in brackets are for Non Hepworth Residents.

All prices include the cost of heating, electricity etc..

Special prices available for regular or short hirings.

Bookings/enquiries

 01359 250048

The Recreation Ground Committee reserves the right to decline a booking.

The Shuttle

Again, again, shuttle of the sky
Carries home the coldness of death.
Bearers await to raise each tomb
Above the soil of our heroes' birth.

The throng, steadfast, in sunshine and rain;
Coffins draped in red, white and blue.
The sign of death fronts, hat in hand.
Death for the many by the brave few.

Flags and banners fall in unison,
Blooms rain down as hearses pass by;
Loved ones cry out for loved ones gone;
Others too, will look towards the sky!

Bernard Howlett ©

CAR BOOT SALES for 2010

The dates for this years car boot sales are Saturday 22nd May and Saturday 11th September.....so, get out all those 'bits and bobs' you've tucked away and bring them to the car boot. We only charge £3.00 for a pitch if you pre-book. If you arrive on the day without booking then the charge is £6.00, so you'll make more of a profit if you pre-book. We can take bookings now if you'd like to give us a ring on 01359 250048.

Margaret

Crossword Answers from page 3

Across: 6 Schools, 7 Chair, 9 Hero, 10 Enthusiasm, 11 Frighten, 13 Injure, 15 Undo, 17 Voted, 18 Grew, 19 Status, 20 Diameter, 23 Frightened, 26 Nail, 27 Latin, 28 Tongues.

Down: 1 Throughout, 2 Forest, 3 Isn't, 4 Occupied, 5 Taxi, 6 Sheer, 8 Reserve, 12 Noted, 14 Juggernaut, 16 Natural, 17 Visiting, 21 Adding, 22 Exits, 24 Gets, 25 Nuts.

INSURANCE

Jill was discussing the various aspects and possible outcome of the Insurance policy with the man at the Insurance Agency.

During the discussion, she asked, "Suppose I take out the life insurance for my husband today and tomorrow he dies? What will I get?"

The agent eyed her suspiciously and replied, "Probably 20 years."

Sudoku Solutions - from page 13

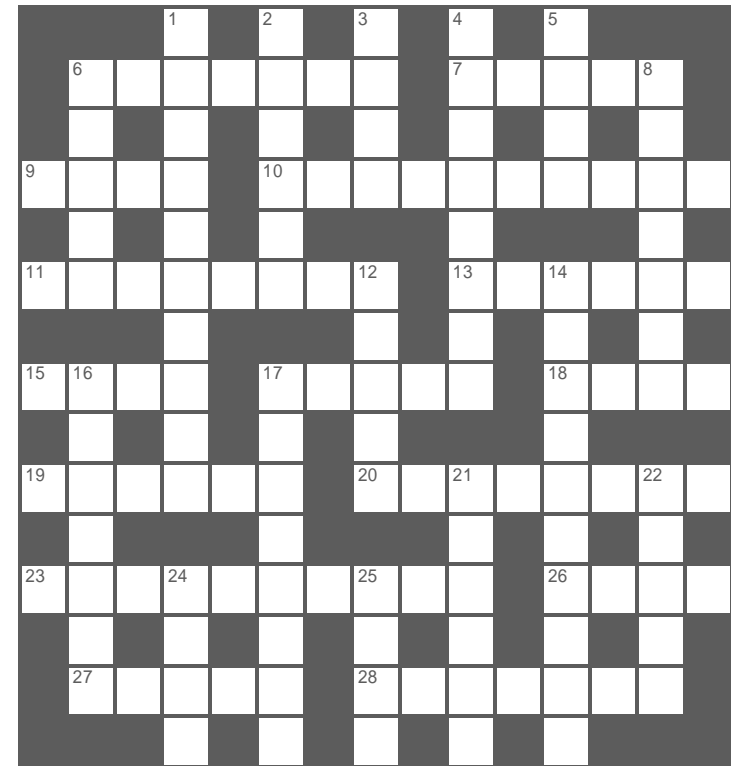
6	8	9	4	2	7	1	3	5
1	3	4	9	5	8	7	6	2
7	5	2	1	3	6	9	8	4
9	1	6	8	7	2	5	4	3
4	7	5	3	6	9	8	2	1
8	2	3	5	1	4	6	7	9
5	6	1	7	4	3	2	9	8
2	4	8	6	9	5	3	1	7
3	9	7	2	8	1	4	5	6

9	7	5	3	1	2	6	4	8
8	3	2	5	4	6	7	9	1
1	4	6	8	7	9	3	5	2
2	9	7	6	5	3	1	8	4
6	5	3	1	8	4	2	7	9
4	1	8	2	9	7	5	3	6
5	6	4	7	2	8	9	1	3
3	8	1	9	6	5	4	2	7
7	2	9	4	3	1	8	6	5

HEPWORTH LOTTERY RESULTS

Date	First	Second	Third
2 nd Jan	Mrs Ratcliffe	Beesome	M. Allen
16 th Jan	2 Half Moon Close	13 The Street	17 The Street
23 rd Jan	Mrs Ratcliffe	12 Church Close	Grove House
30 th Jan	Mr Parfitt	Mr Horne	Mr West
6 th Feb	13 The Street	Mr Parfitt	M. Ellis
13 th Feb	31 The Street	Wendy c/o 31	Mr West
20 th Feb	Mrs Ratcliffe	Mr Ingham	Wendy c/o 31

Crossword 75



Across

- 6 Learning places (7)
- 7 Type of seat (5)
- 9 Admired for nobility (4)
- 10 Great eagerness (10)
- 11 Scare (8)
- 13 Hurt (6)
- 15 Unfasten (4)
- 17 Elected (5)
- 18 Increased in size (4)
- 19 Social position (6)
- 20 Width of circle (8)
- 23 Scared (10)
- 26 Finger protector (4)
- 27 Early language (5)
- 28 Kept in mouths (7)

Down

- 1 From end to end (10)
- 2 Large wood (6)
- 3 Is not (4)
- 4 Engaged (8)
- 5 Hired transport (4)
- 6 Very fine (5)
- 8 Put aside (7)
- 12 Recorded on paper (5)
- 14 Large lorry (10)
- 16 Not artificial (7)
- 17 Paying a visit (8)
- 21 Not subtracting (6)
- 22 Outward doors (5)
- 24 Obtains (4)
- 25 Squirrel food (4)

Answers on page 19

HEPWORTH COFFEE MORNING

Alternate Thursdays (4th & 18th March) in Hepworth Pavilion
anytime between 10 am and 12 pm.



Drop in for a quick chat or stay as long as you like, meeting friends and catching up on local news.



Need a lift? Ring us to ask for help.

Mike and Alwyn Cathrall
coffeethepworth@yahoo.co.uk
01359 253439

BUS TIMETABLES

As it would take around 7 pages of the Newsletter (and be a bit boring) I have decided not to publish it. However it is available, free of charge, by phoning 01359 250048.

John Beales



RECYCLED PAPER OFFER

Recycled A4 paper (as used in this Newsletter)
80gsm. Suitable for laser, inkjet and handwriting

£3.50 per ream (500 sheets)
☎ John on 250048

Articles and adverts for the next edition to
The Editor, John Beales, 20 Church Close, Hepworth.
01359 250048

newsletter@johnbeales.co.uk

big headed!!!!) He's asked me to remind everyone that it is his birthday on April 1st (had to be didn't it?) and he doesn't mind how many cards and presents he gets.....OK I've passed on his message.

Nothing much else to report so I've added a couple of jokes.....

A dog goes into the job centre and says: "I'd like a job please". The job centre said: "We don't employ dogs, why don't you go and join the circus?"

The dog replies: "What would the circus want with a plumber"?

Hee hee ...

A woman pulled into a crowded car park and wound down the car windows to make sure her Labrador Retriever in the back seat had fresh air while she went into the store.

The dog was stretched out on the back seat, and she wanted to impress upon her that she must remain there.

She walked a few steps backward, pointing her finger at the car and saying emphatically, "Now you stay. Do you hear me? Stay! Stay!"

The driver of a nearby car gave her a strange look and said. "Why don't you just put the handbrake on?"

Love from Pip and Pals

Wordsearch Word List - Cities

Algiers	Bucharest	London	Prague
Amsterdam	Buenos Aires	Madrid	Rome
Ankara	Canberra	Monaco	Seoul
Athens	Copenhagen	Moscow	Tokyo
Bangkok	Dublin	Nairobi	Trinidad
Beijing	Helsinki	Nassau	Vienna
Beirut	Jerusalem	Oslo	Warsaw
Berlin	Lisbon	Ottawa	



Pips Page

Nothing much to report 'cept we're getting fed up with the weather. The nights are getting longer though so we can play more outside when its not wet!!!! Molly's found a very large ball and is trying

to figure out how she can get her mouth round it. At the moment she's straddling the thing and rolling about all over the place, trying hard not to fall off.

Abbi continues to get more used to her poor sight and is amazing us all by navigating her way round the house and garden quite expertly now. Trouble is Bill.....yes, it had to be Bill..... knows she can't see very well and insists on standing in front of her....Management tell him off but as usual he takes no notice.....it usually results in a tap on the rear from 'Management Marg'..that does the trick...he gets a move on then!!

Snows back again (Monday 22 Feb) Billy 'Bonkers' has been rolling around in it thinking he'll get out of having a bath.....big mistake!!!!!!

Management Marg went out to feed the birds this morning, followed by Missie. Marg had a bit of left over bread which she cut up and was feeding to them until she heard a chomping sound behind her.....yup, you've guessed Missie was Hoovering them up... she doesn't normally eat bread but because it was for someone else, she thought she may as well have it! As she can't hear, it's no good shouting at her, so hand signals have to be used. Surprisingly she does seem to understand them.....but not until she's finished what she's doing at the time!!! Luckily she couldn't get to the worms which Management Marg puts out for the robins...she'd probably think these were spaghetti!!

We nearly all had a haircut the other day.....when I say nearly all...I did, so did Moll, Missi and Abbi. 'Spect you've guessed which one is missing.....yup it's that Silly Billy again. Management managed to clip the fur on his body but when it came to his legs and head, he started playing up, throwing himself around on the table as he does when he's fed up!! He now looks ridiculous, his head looks very big with all that fur around it (what am I saying.....he IS normally

Word Search - Cities

There are 31 cities in the word search.

How many can you find without referring to the list on page 17



HOUSEWORK A FLOP?

CALL MRS MOPPS!

AND I WILL MAKE YOUR HOUSE LOOK TOPPS!

REFERENCES AVAILABLE - CALL 01359 252242

HEPWORTH PARISH COUNCIL

A Parish Action Planning meeting of the Parish Council took place on 4.2.10 at the Pavilion.

Risk Assessment Training

Gina Griffin from SALC kindly provided Risk Assessment Training to the attending Councillors.

Appointment of New Parish Clerk

The Chairman welcomed Christine Curry to the role of Parish Clerk and both Mrs Curry and Mr Stannard signed the Contract of Employment. It was agreed that Mrs Curry should attend a bookkeeping workshop, a clerks' networking day and a New Clerks' follow on training day which are all organised by SALC.

Dog Litter Bins

As the expenditure for these was more than at first thought it was agreed that this should be discussed at the next Meeting of the Parish Councillors.

Bus Shelter at Willow Green

Only one quote had been received for the insertion of a window opening in the bus shelter from Mr Stannard. A letter had been received from Fulchers declining to quote and Hazegoods had not replied and the Clerk will send a reminder.

Any Other Business

A letter had been received from Mr Fennell who lives in North Common in Hepworth regarding the missing Horse/Rider advisory road signs. The Clerk will reply to Mr Fennell that the matter is in hand and St Edmundsbury Council have the signs on order and they will be replaced as soon as possible.

The meeting closed at 8:35pm. The next meeting of the Parish Council will take place on Thursday 4 March 2010 at the Pavilion in Hepworth at 7:30pm

Christine Curry, Clerk to Hepworth Parish Council
01359 258550/07766 816742
christine.curryPA@googlemail.com

FOOD DELIVERIES IN HEPWORTH

Fresh Fish

There is a fresh fish delivery to Hepworth. Its now every Tuesday morning from around 8.30am. If you would like advantage of this service, or find out more then please ring:-
John at Lowestoft 01502 584545.

The Grocers Van

Tuesdays - a mobile grocery shop stopping at:
Willow Green at 10.00am and Opposite the Church at 10.15am
01284 222222

Supermarkets that deliver using the internet (if you don't have internet access perhaps your neighbour does - you can then share any delivery costs).

Asda

Delivery charges from £2.50 to £4.50
Minimum order of £25.00

Sainsbury's

Delivery charges from £3.50 to £5.50
Minimum order of £40.00
Free delivery on Tues, Wed, or Thurs on orders over £100

Tesco

Delivery charges from £3.00 to £6.00
No minimum order

Waitrose

Free delivery
Minimum order of £50.00

Don't forget that we have numerous outlets within the village selling items that we should never consider buying from a supermarket. Eggs are a classic example - free range - local and inexpensive (cheep even!!).

Gardening Jobs for March

March is an important month to prepare your soil and lawn ready for the long hot (if we're lucky!) Summer months. Its also the perfect opportunity to tidy up the lawn, prune shrubs and bushes and even sow vegetables and early potatoes for the kitchen garden. Here we've given a few quick hints and tips to get you started.

Soil Improvement

Soil will lose moisture quickly as the weather dries out if left exposed. Weed and then mulch with a thick layer of organic matter to retain the moisture. This will also reduce the need to water. Pay particular attention to new shrubs and trees, the mulch will preserve their water supply but also keep the weeds at bay. Well-rotted farmyard manure, garden compost, cocoa shells, chipped bark or even spent mushroom compost will all do the trick.

Handy Hint! Never mulch over dry soil, water it first as mulch will keep water out as well as in.

Plant Containers

Small trees, climbers, shrubs and roses look fantastic on the patio in containers. Plant them in a soil based compost such as John Innes No.3 (this will retain moisture and nutrients much better than general purpose equivalents, and reduce the need for watering). If planting roses, prune to encourage growth.

Handy Hint! Move pots containing roses into the shade to prevent scorching if the sunshine arrives!

Get the lawn tidy

The grass is starting to grow once again so its time to get the mower out and start mowing regularly (this will keep it green and healthy). Reseed bare patches by roughening the surface and mixing and sowing grass seed with a potting compost in equal proportions.

Sow your Kitchen Garden

Seed sowing outside can now begin, although in Northern parts its better to wait until late March or early April. Lettuce, radish, salad onions, peas, beans, cabbage turnips and beetroot can be sown now and if planted at intervals, will provide a succession of crops throughout the Summer. Early potatoes can also go down in late March.

CAMPING AT THE PAVILION

The BCC will be camping on the field from Friday 19th to Sunday 21st March and the Camping and Caravanning Club will be there from Friday 3rd to Sunday 5th September this year. They do hire the playing field as well as the hall for this weekend.

This is a valuable source of income for the hall and I know you will make them welcome as you usually do.

Margaret

PS. DON'T FORGET

Joanne, your local barber will next be at the Pavilion on Saturday 6th March and the first Saturday of every month. Do pay her a visit, it not only saves you money on travelling time but also encourages her to continue with this service.

Lee Plumbing and Heating

Gas safe/Oftec Registered, City & Guilds
For all aspects of plumbing & Heating
All heating systems—Boiler changes - systems upgrades
Complete bathrooms - Leadwork Etc
30+Years Experience.

Tel: Ian 01359 251751 Mobile 07887 648242
or Rick 07775 581806

LOST KEYS

A set of keys have been lost adjacent to the Village Hall on Monday morning, 1st March.

They included 2 yale keys and a Vauxhall car key with a blue Ralph Lauren fob.

If you find or have found them please contact John Beales on 01359 250048

A BIT OF GOOD FORTUNE

Several weekends ago, I was rushing around trying to do some Christmas shopping. I was stressed out and not thinking very fondly of the weather right then. It was dark, cold, and raining.

As I was loading my car up, I noticed that I must have dropped a VAT receipt that I might need later. So mumbling under my breath, I retraced my steps to the shop entrance. As I was searching the wet pavement for the lost receipt, I heard a quiet sobbing.

The crying was coming from a poorly dressed boy of about 12yrs old. He was short and thin. He had no coat. He was just wearing a ragged flannel shirt to protect him from the cold night's chill.

Oddly enough, he was holding a £10.00 note in his hand. Thinking that he had gotten lost from his parents, I asked him what was wrong.

He told me his sad story. He said that he came from a large family. He had three brothers and four sisters. His father had died when he was 9-years-old. His mother was poorly educated and worked two full time jobs. She made very little to support her large family. Nevertheless, she had managed to skimp and save £20 to buy her children a nice turkey etc. for a special Christmas lunch since she was unable to get them any presents for Christmas.

The young boy had been dropped off, by his mother, on the way to her second job. He was to use the money to buy the food for His brothers and sisters and save just enough to get the bus home.

He had not even entered the shop, when an older boy grabbed one of the £10.00 notes and disappeared into the night.

"Why didn't you scream for help?" I asked.

The boy said, "I did."

"And nobody came to help you?" I queried.

The boy stared at the pavement and sadly shook his head. "How

THE ZOOKEEPER

A man starts his new job at the zoo, and is given 3 tasks. First is to clear the exotic fish pool of weeds. As he does this, a huge fish jumps out and bites him. To show the others who's boss, he beats it to death with a spade. Realising his employer won't be best pleased; he disposes of the fish by feeding it to the lions, as lions will eat anything.

Moving on to the second job of clearing out the chimp house, he is attacked by the chimps that pelt him with coconuts. He swipes at the two chimps with a spade, killing them both. What can he do? Feed them to the lions, he says to himself, because lions eat anything. He hurls the bodies into the lion enclosure.

He moved on to the last job, which is to collect honey from the South American bees. As soon as he starts, he is attacked by the bees. He grabs the spade and smashes the bees to a pulp. By now he knows what to do, and throws them into the lion enclosure - because lions eat anything.

Later that day a new lion arrives at the zoo. He wanders up to another lion and says "What's the food like here?"

The lion replies: "Absolutely brilliant! Today we had fish, chimps and mushy bees!!!!!!"



Sudoku - 1 easy - 1 not so easy (solutions on page 18)

			4	7		3	5	
1	3							
		2		6		8		
		6						
					8	2		
			5	4	6			
5								
			6					7
3	9	7		8			5	

		5			2		4	8
					6	7		
	4			7	9	3		
2	9					1		4
	5	3						
	1	8			7			
						9		3
3	8							7
		9			1		6	

METAL THEFT - COUNTRYWIDE

Businesses and members of the public are being urged to be vigilant and report any suspicious persons or vehicles to the police, following a number of thefts of metal and associated items over the past two months.

In December 2009 there were at least 30 instances of theft of items such as scrap metal, cabling, lead from roofs, car batteries and components and pipes and plumbing supplies. So far in January 2010 (to 27th) there have been at least 46 reported thefts across Suffolk.

The value of metal has increased over time, and people should be vigilant in protecting their property and that of their neighbours. Owners of properties vulnerable to metal theft are urged to make their buildings and sites as secure as possible to keep criminals out. Where possible it is advised to use security lighting to deter thieves, and CCTV can also deter as well as capturing images of offenders and their vehicles. All gates and entrances to premises should be properly secured. Valuable property can be marked and photos taken, to identify it if it's recovered. Industrial Watches are in place in many areas, contact your Community Watch Liaison Officer on 01473 613500 for further details.

In some cases several thousand pounds worth of metal in its various forms has been stolen from premises, which takes a considerable amount of time to remove and a vehicle to transport. Any sightings of persons acting suspiciously near building sites or any property with lead roofing, or cold calling looking for scrap metal should be reported to police.

Anyone with any information about metal theft should contact Suffolk Police on 01473 613500 or Crimestoppers on 0800 555 111.



Crime can not flourish in a community that cares



loud did you scream?" I inquired.

The soft-spoken boy looked up and meekly whispered, "Help me!"

I realised that absolutely no one could have heard that poor little boys cry for help.

So I grabbed the other £10.00 and ran to my car.

Sincerely,
Chief Executive, Royal Bank of Scotland

Midsuffolk Mobile Library 2010

Hepworth (alternate Thursdays)

Ivynook, Beck Street 2.50pm - 3.00pm
Half Moon 3.05pm - 3.25pm

February 4th & 18th - March 4th & 18th - April 1st, 15th & 29th

Our satellite connection allows us to offer you all the facilities of a branch library for both adults and children. You can order books, spoken word, CDs and DVDs on the mobile, or over your home internet connection, and collect them from the mobile library or any other branch library. You can return our books to your local branch library or drop branch library books off when you visit the mobile library. We also sell postage stamps, cards, and eco-library bags.

If you wish to take advantage of this service then just pop along to the van (times above) and take with you some form of ID (a driving license or a utility bill to confirm your address) and that's it. You can take a book away with you.

You can contact Steve on the Mobile Library (07721-879855) at any time.

If the Mobile Library phone is not answered, please call the office on 07872 676698, Monday - Friday between 9.00 and 12.00.

UNSOLICITED CALLERS



Police are urging members of the public to be cautious when dealing with callers after receiving reports of a man ringing up and asking residents if they have been involved in an accident.

Police have taken several calls recently in relation to a man who claims to be working for 'the accident investigation bureau' in London. He then asks whether you have been involved in an accident and asks further questions in order to obtain personal information.

Officers believe this is another phone scam and are again urging residents not to give out personal details to unsolicited callers. If you are contacted by anyone you do not know please think before responding - don't answer personal questions and never give out information about yourself or your bank details if you are unsure. At your door - always ask for identification. If you are in any doubt close the door on the caller. Genuine visitors will not mind if you say you will call their company to check they are who they claim to be, but always use the phone number in the telephone directory rather than one supplied by the caller. If you suspect you have been targeted please call police using 999.

On the phone - take details of the caller and what they want and say you will call them back. Then do your own research as to whether they are genuine, (for example if they claim to be from your bank find the bank telephone number and check whether the name and number relate to someone working for the organisation) before returning the call. This gives you time to think and, again, genuine organisations will not mind this.

Please be cautious when dealing with any unsolicited callers.

GOOD NEWS – CANNABIS FACTORY LOCATED.

On 13/02/10, a male of no fixed abode was charged with Producing Cannabis after a Cannabis Factory was found on 12/02/10, at a residential property on Gowle Road, Stowmarket.

An increasing number of cannabis 'factories' are being uncovered in

Suffolk and police are appealing to members of the public to watch out for the telltale signs of a factory operating in their community.

Cannabis factories are often suburban houses, rented for the purpose of setting up a factory. The interiors are stripped out and plants are grown under hothouse conditions, crammed into every room of the property, from lofts to cellars and even toilets. On average around 400 plants are discovered in a property.

Twelve years ago only 11 per cent of cannabis sold in the UK was grown here, a figure that has now passed 60 per cent (source: DrugScope).

Nationally there has been an increase in the number of cannabis factories being uncovered by police. In Suffolk we too are seeing this trend, with more being uncovered each year.

Many of the factories are detected after suspicions are raised by members of the local community and we are appealing for everyone's help in cracking down on this illegal practice.

These premises are a danger not only because the drugs that are grown will then be sold on our streets, but also because the premises themselves can potentially be a hazard. It is often the case that the electricity supply has been tapped into by these criminals, with exposed wiring to bypass the meter.

Anyone who suspects a cannabis factory has been set up in their community should get in touch with the police immediately or report their suspicions to their Neighbourhood Watch Co-ordinator, for them to immediately forward this to police

By working together we can help to crackdown on this illegal and damaging activity. Tell tale signs include:

- Curtains never being drawn
- People often coming and going at all hours of the day or night
- Vans being loaded at irregular hours of the day
- Extra external fittings or alterations being done to the property, such as ventilation units
- No furniture or very little furniture in the property